

Lect. PhD ŞEYMA SÜNBL

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Education Information

Doctorate, Baskent University, Institute Of Health Sciences, Beslenme ve Diyetetik Bölümü, Turkey 2019 - 2024

Postgraduate, Selcuk University, Beslenme Eğitimi, Turkey 2016 - 2019

Undergraduate, Selcuk University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik, Turkey 2011 - 2015

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Doctorate, Vardiyalı çalışan bireylerde sirkadiyen ritim, diyet inflamatuvar indeksi, uyku kalitesi ve beslenme durumları arasındaki ilişkinin belirlenmesi, Baskent University, 2024

Postgraduate, Üniversite öğrencilerinin yeme tutumu ve ortoreksiya nervoza eğilimlerinin belirlenmesi, Selcuk University, Institute Of Social Sciences, Beslenme Eğitimi Bölümü, 2019

Research Areas

Health Sciences

Academic Titles / Tasks

Lecturer, Ankara University, Kalecik Meslek Yüksekokulu, Gıda İşleme Bölümü, 2023 - Continues

Published journal articles indexed by SCI, SSCI, and AHCI

- Eating Attitudes and Orthorexia Nervosa Tendencies in a Sample of Turkish University Students: A Cross-Sectional Study**
Sunbul Ş., Bayrak E.
PROGRESS IN NUTRITION, vol.23, no.4, 2021 (SCI-Expanded)

Refereed Congress / Symposium Publications in Proceedings

- I. **Determination of the Relationship Between Dietary Inflammatory Index, Sleep Quality and Metabolic Syndrome in Shift Workers**
Sümbül Ş., Türker P. F.
XI. ULUSLARASI BESLENME VE DİYETETİK KONGRESİ, Ankara, Turkey, 10 - 12 October 2024, pp.309-311
- II. **A New Food Service Model For A Impatient Healthcare Facilities: Room Service Model**
Sümbül Ş.
1st International Congress Of Selçuk Health Sciences, Konya, Turkey, 1 - 02 December 2022, pp.24
- III. **Sarcopenia And Hand Grip Strength In Elderly Hemodialysis Patients**
Sümbül Ş., Türker P. F.
1st International Congress Of Selçuk Health Sciences, Konya, Turkey, 1 - 02 December 2022, pp.13
- IV. **Healthy Eating Obsession**
Sümbül Ş.
international Eurasian Congress on 'Natural Nutrition and Healthy Life' 2018, Ankara, Turkey, 12 - 15 June 2018, pp.579-583