

Assoc. Prof. DİLEK SARITAŞ ATALAR

Personal Information

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International Researcher IDs

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Education Information

Doctorate, Middle East Technical University, Graduate School Of Social Sciences, Psikoloji (Dr), Turkey 2007 - 2012

Postgraduate, Middle East Technical University, Graduate School Of Social Sciences, Psikoloji (YI) (Tezli), Turkey 2004 - 2007

Undergraduate, Middle East Technical University, Fen-Edebiyat Fakültesi, Psikoloji Bölümü, Turkey 1999 - 2004

Dissertations

Doctorate, Psychological Well-being of Adolescents: Maternal Rearing Behaviors, Basic Personality Traits and Emotion Regulation Processes, Middle East Technical University, Eski Türk Edebiyatı Anabilim Dalı, Psikoloji (Dr), 2020

Postgraduate, The effects of maternal acceptance-rejection on psychological distress of adolescents: The mediator roles of early maladaptive schemas, Middle East Technical University, Eski Türk Edebiyatı Anabilim Dalı, Psikoloji (YI) (Tezli), 2007

Research Areas

Developmental Psychology, Clinical Psychology

Academic Titles / Tasks

Associate Professor, Ankara University, Dil ve Tarih-Coğrafya Fakültesi, Psikoloji Bölümü, 2018 - Continues

Assistant Professor, Ankara University, Dil ve Tarih-Coğrafya Fakültesi, Psikoloji Bölümü, 2014 - 2018

Research Assistant, Middle East Technical University, Fen-Edebiyat Fakültesi, Psikoloji Bölümü, 2005 - 2018

Research Assistant, Zonguldak Bülent Ecevit University, Faculty Of Arts And Sciences, 2013 - 2014

Academic and Administrative Experience

Deputy Head of Department, Ankara University, Dil ve Tarih-Coğrafya Fakültesi, Psikoloji Bölümü, 2022 - Continues

Unit Accreditation Board Member, Ankara University, Dil ve Tarih-Coğrafya Fakültesi, Psikoloji Bölümü, 2020 - Continues

Courses

Duygu D zenleme, Undergraduate, 2022 - 2023
Çocuk ve Ergen Psikopatolojisinde Seçme Konular, Postgraduate, 2022 - 2023
Ebeveynlik, Undergraduate, 2022 - 2023
Gelişim Psikolojisi Konuları II, Undergraduate, 2021 - 2022
Çocuk Psikopatolojisi, Postgraduate, 2022 - 2023
Gelişim Psikolojisinde Uygulamalar, Postgraduate, 2022 - 2023
Gelişim Psikolojisi Konuları I, Undergraduate, 2017 - 2018, 2014 - 2015
Araştırma Yöntemleri 1, Undergraduate, 2017 - 2018
Araştırma Yöntemleri II, Undergraduate, 2016 - 2017
Gelişim Psikolojisi Konuları II, Undergraduate, 2016 - 2017
Gelişim Psikolojisi Konuları I, Undergraduate, 2016 - 2017
Araştırma Yöntemleri I, Undergraduate, 2016 - 2017
Araştırma Yöntemleri ve Teknikleri, Postgraduate, 2016 - 2017
Psikolojiye Giriş II, Undergraduate, 2015 - 2016
Araştırma Yöntemleri II, Undergraduate, 2015 - 2016, 2014 - 2015
Gelişim Psikolojisi Konuları II, Undergraduate, 2015 - 2016, 2014 - 2015
Araştırma Yöntemleri I, Undergraduate, 2014 - 2015
İleri Gelişim Psikolojisinde Güncel Konular, Postgraduate, 2013 - 2014

Advising Theses

SARITAŞ ATALAR D., Etkili Ebeveynlik: Annenin Duygusal Erişilebilirliği ile Gelişimsel Çocuk Çıktıları Arasındaki İlişki, Doctorate, C.ALSANCAK(Student), 2019
SARITAŞ ATALAR D., Comparison of adolescents reared in orphanages and family in terms of prosocial and problem behaviors, Postgraduate, G.ATLI(Student), 2018
SARITAŞ ATALAR D., Babaların duygu sosyalleştirme uygulamaları ve bu uygulamaların okul öncesi çocuklarının sosyal ve duygusal gelişimlerdeki rolü, Postgraduate, E.KAYA(Student), 2016

Jury Memberships

Doctoral Examination, Doctoral Examination, Orta Doğu Teknik Üniversitesi, November, 2022
Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, October, 2022
PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Ankara Üniversitesi, July, 2022
PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Orta Doğu Teknik Üniversitesi, July, 2022
PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Hacettepe Üniversitesi, July, 2021

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **The link between maternal emotion socialization practices and Turkish preschoolers' emotion regulation: Moderating roles of paternal emotional support**
Kaya-Bican E., Altan-Atalay A., SARITAŞ ATALAR D.
CURRENT PSYCHOLOGY, vol.42, no.33, pp.29539-29548, 2023 (SSCI)
- II. **Interpersonal emotion regulation strategies: How do they interact with negative mood regulation expectancies in explaining anxiety and depression?**
Altan-Atalay A., SARITAŞ ATALAR D.
CURRENT PSYCHOLOGY, vol.41, no.1, pp.379-385, 2022 (SSCI)

- III. **Differential roles of early maladaptive schema domains on the link between perceived parenting behaviors and depression, anxiety, and anger**
SARITAŞ ATALAR D., Altan-Atalay A.
CURRENT PSYCHOLOGY, vol.39, no.4, pp.1466-1475, 2020 (SSCI)
- IV. **Parenting and children's prosocial and problem behaviors in middle childhood: The role of Turkish mothers' emotion socialization practices**
ACAR BAYRAKTAR A. V., ÇAKMAK Z., SARITAŞ ATALAR D.
SOCIAL DEVELOPMENT, vol.28, no.2, pp.333-346, 2019 (SSCI)
- V. **Psychometric Qualities of Turkish Version of Perseverative Thinking Questionnaire (PTQ)**
Altan-Atalay A., SARITAŞ ATALAR D.
JOURNAL OF RATIONAL-EMOTIVE AND COGNITIVE-BEHAVIOR THERAPY, vol.36, no.3, pp.252-266, 2018 (SSCI)
- VI. **Maternal availability and adolescent dependency as moderators on the relation between personality and ER strategies in a Turkish sample**
SARITAŞ ATALAR D., Altan-Atalay A.
PERSONALITY AND INDIVIDUAL DIFFERENCES, vol.106, pp.190-195, 2017 (SSCI)
- VII. **The Mediating Role of Early Maladaptive Schemas in the Relationship Between Maternal Rejection and Psychological Problems**
SARITAŞ ATALAR D., GENÇÖZ T.
TURK PSIKIYATRI DERGISI, vol.26, no.1, pp.40-47, 2015 (SSCI)
- VIII. **Confirmatory Factor Analyses of the Difficulties in Emotion Regulation Scale (DERS) in a Turkish Adolescent Sample**
Saritas-Atalar D., GENÇÖZ T., Ozen A.
EUROPEAN JOURNAL OF PSYCHOLOGICAL ASSESSMENT, vol.31, no.1, pp.12-19, 2015 (SSCI)
- IX. **Warm and harsh parenting as mediators of the relation between maternal and adolescent emotion regulation**
Saritas D., Grusec J. E., GENÇÖZ T.
JOURNAL OF ADOLESCENCE, vol.36, no.6, pp.1093-1101, 2013 (SSCI)
- X. **Discrepancies between Turkish Mothers' and Adolescents' Reports of Adolescents' Emotion Regulation Difficulties**
Saritas D., GENÇÖZ T.
JOURNAL OF CLINICAL PSYCHOLOGY, vol.68, no.6, pp.661-671, 2012 (SSCI)
- XI. **Differences between adolescent and mother reports of maternal rearing behaviors (embu): A study conducted with Turkish adolescents and their mothers**
Saritas D., SARITAŞ ATALAR D., Tulin G.
INTERNATIONAL JOURNAL OF PSYCHOLOGY, vol.47, pp.69, 2012 (SSCI)
- XII. **Discrepancies between adolescent and mother reports of adolescents' emotion regulation difficulties: A study conducted with Turkish adolescents**
Saritas D., GENÇÖZ T.
INTERNATIONAL JOURNAL OF PSYCHOLOGY, vol.47, pp.69, 2012 (SSCI)
- XIII. **PSYCHOMETRIC PROPERTIES OF "YOUNG SCHEMA QUESTIONNAIRE-SHORT FORM 3" IN A TURKISH ADOLESCENT SAMPLE**
Saritas D., GENÇÖZ T.
JOURNAL OF COGNITIVE AND BEHAVIORAL PSYCHOTHERAPIES, vol.11, no.1, pp.83-96, 2011 (SSCI)

Articles Published in Other Journals

- I. **Value Similarity of Mother-Child Dyads: An Investigation in Middle Childhood**
ACAR BAYRAKTAR A. V., ÇAKMAK Z., SARITAŞ ATALAR D., UÇANOK Z.
STUDIES IN PSYCHOLOGY-PSIKOLOJİ CALISMALARI DERGISI, vol.41, no.2, pp.521-548, 2021 (ESCI)
- II. **Korunma Altındaki Ergenlerin Olumlu Sosyal Davranış ve Davranış Problemleri İle İlişkili Faktörlerin**

Karşılaştırmalı Örneklemle İncelenmesi

Atlı Aslan G., SARITAŞ ATALAR D.

AYNA Klinik Psikoloji Dergisi, vol.7, no.2, pp.167-188, 2020 (Peer-Reviewed Journal)

- III. **Orta Çocuklukta Resme Dayalı Değerler Taraması (PBVS) ile Değerlerin Ölçülmesi: Yaşa, Cinsiyete ve Anne Eğitime Bağlı Değişiklikler**
ÇAKMAK Z., acar bayraktar v., SARITAŞ ATALAR D.
NESNE PSIKOLOJİ DERGISİ, vol.6, no.12, pp.1-26, 2018 (Peer-Reviewed Journal)
- IV. **Psychometric Properties of the Turkish version of Looming Maladaptive Style Questionnaire (LMSQ) (Turkish)**
ALTAN ATALAY A., SARITAŞ ATALAR D.
KLİNİK PSIKİYATRİ DERGISİ, vol.21, no.1, pp.52-60, 2018 (Scopus)
- V. **Psychometric Properties of the Turkish version of Looming Maladaptive Style Questionnaire-Revised (LMSQ-R)**
Atalay A. A., SARITAŞ ATALAR D.
KLİNİK PSIKİYATRİ DERGISİ-TURKISH JOURNAL OF CLINICAL PSYCHIATRY, vol.21, no.1, pp.52-60, 2018 (ESCI)
- VI. **Ana-Babaların Duygu Sosyalleştirme Uygulamaları ve Erken Çocukluk Döneminde Duygusal ve Sosyal Gelişim**
KAYA BİCAN E., SARITAŞ ATALAR D.
DTCF Dergisi, vol.57, no.2, pp.1364-1387, 2017 (Peer-Reviewed Journal)
- VII. **Bir Gözden Geçirme Çalışması: Ana-Babalık Hedefleri ve Alan Özelinde Sosyalleştirme Yaklaşımı Çerçevesinde Etkili Ana-Babalık**
SARITAŞ ATALAR D.
NESNE PSIKOLOJİ DERGISİ, vol.5, no.9, pp.151-165, 2017 (Peer-Reviewed Journal)
- VIII. **Ergenlerin Duygu Düzenleme Becerilerinin Ebeveynlerin Duygu Düzenleme Becerileri ve Çocuklarına Karşı Tutum ve Davranışları ile İlişkisi**
SARITAŞ D., GENÇÖZ T.
Çocuk ve Gençlik Ruh Sağlığı Dergisi, vol.18, no.2, pp.117-126, 2011 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **Effective Parenting within an Integrative Framework of Emotional Availability and Domains-of-Socialization.**
Alsancak Akbulut C., SARITAŞ ATALAR D., METİN ORTA İ.
in: Family Conflict: Perspectives, Management and Outcomes, Gregory, Claire, A., Editor, Nova Science Publishers, pp.81-114, 2020
- II. **Ergenlik Döneminde Duygu Düzenleme ve Ruh Sağlığı: Ana-Babanın ve Mizacın Rolü**
SARITAŞ ATALAR D., ALTAN ATALAY A.
in: Ergenlik Dönemi ve Ruhsal Bozukluklar, Bildik Tezan, Editor, Türkiye Klinikleri, Ankara, pp.84-90, 2018
- III. **Duygu Düzenleme Ergenlik ve Ebeveynlik**
SARITAŞ ATALAR D.
ODTÜ Yayıncılık, Ankara, 2014
- IV. **The Nature of Effective Parenting: Some Current Perspectives**
GRUSEC J. E., SARITAŞ D., DANIEL E.
in: Wellbeing an children and Families, Landry, S. ve Cooper, C, Editor, Wiley-Blackwell, pp.157-179, 2014
- V. **Kişilik Bozuklukları**
SARITAŞ D.
in: Psikolojik Sağlığımızı Nasıl Koruruz I Yetişkinlik ve Yaşlılık, Karancı, N., Gençöz, F., ve Bozo, Ö., Editor, ODTÜ Yayıncılık, pp.41-46, 2007

Refereed Congress / Symposium Publications in Proceedings

- I. **Maternal Effective Parenting Knowledge and Child Problem Behaviors: Maternal Parenting Quality and Child Emotion Regulation as Serial Mediators.**
Saritař Atalar D.
European Conference on Developmental Psychology (ECDP), Turku, Finland, 28 August - 01 September 2023, pp.11-12
- II. **How does the quality of mothers' domain-specific parenting behaviors change in terms of mothers' and fathers' daily hassles?**
Saritař Atalar D.
18 th European Congress of Psychology (ECP), Brighton, England, 3 - 06 July 2023, pp.394
- III. **Development of Domain Specific Effective Parenting Beliefs Scale: Reliability and Validity Study.**
Saritař Atalar D.
17th European Congress of Psychology (ECP), Ljubljana, Slovenia, 5 - 08 July 2022
- IV. **Turkish Preschoolers' Emotion Regulation: Fathers' Involvement in Child Care and Mothers' Working Status**
KAYA BİCAN E., SARITAř ATALAR D.
19th European Association of Developmental Psychology (EADP), atina, Greece, 29 August - 01 September 2019
- V. **Ebeveynin Duygu Sosyalleřtirme Davranıřları İle ocuęun Sosyal Yeterlięi Arasındaki İliřkide ocuęun Duygu Dzenleme Becerisinin Rol**
acar bayraktar v., AKMAK Z., SARITAř ATALAR D.
Uluslararası IV. ocuk Geliřimi Kongresi, 22 - 24 October 2018
- VI. **Ebeveynin Duygu Sosyalleřtirme Davranıřları İle ocuęun Sosyal Yeterlięi Arasındaki İliřkide ocuęun Duygu Dzenleme Becerisinin Rol**
acar bayraktar v., AKMAK Z., SARITAř ATALAR D.
Uluslararası IV. ocuk Geliřimi Kongresi, 22 - 24 October 2018
- VII. **Maternal Parenting Behaviors and Children's Pro-social and Problem Behaviors: The Mediator Role of Turkish Children's Emotion Regulation**
acar bayraktar v., AKMAK Z., SARITAř ATALAR D.
XVIth Biennial Conference of the European Association for Research on Adolescence, 12 - 18 September 2018
- VIII. **Maternal Parenting Behaviors and Children's Pro-social and Problem Behaviors: The Mediator Role of Turkish Children's Emotion Regulation**
acar bayraktar v., AKMAK Z., SARITAř ATALAR D.
XVIth Biennial Conference of the European Association for Research on Adolescence, 12 - 18 September 2018
- IX. **Parenting and Children's Pro-social and Problem Behaviors in Middle Childhood: The Role of Parents' Emotion Socialization Behaviors.**
SARITAř ATALAR D., ACAR A. V., AKMAK Z.
XVIIIth European Conference on Developmental Psychology, Utrecht, Netherlands, 28 August - 01 September 2017
- X. **The Mediator Roles of Emotion Socialization Behaviors Between Parenting and Children's Behaviors**
SARITAř ATALAR D., ACAR BAYRAKTAR A. V., AKMAK Z.
18th European Association of Developmental Psychology (EADP), 29 August - 01 September 2017
- XI. **Ayrılık sonrası Uyum Problemi ile iliřkili faktrler: Kaygılı baęlanma biiminin nemi**
KALAYCI S., AIKGZ S., SARITAř ATALAR D.
8. Iřık Savařır Klinik Psikoloji Sempozyumu, Turkey, 5 - 06 May 2017
- XII. **Okul ncesi ocukların Duygu Dzenlemelerinde Anne ve Babalarının Duygu Sosyalleřtirme Uygulamalarının Rol**
SARITAř ATALAR D., KAYA BİCAN E.
19. Ulusal Psikoloji Kongresi, Turkey, 5 - 07 September 2016
- XIII. **Moderating effects of negative mood regulation expectancies in the relationship between perfectionism and depression**
ALTAN ATALAY A., SARITAř ATALAR D.

- 14th European Congress of Psychology (ECP), Milan, Italy, 7 - 10 July 2015
- XIV. **Çocuğun Sosyalleşme Sürecini Başarısız Kılan Etkenler nelerdir**
SARITAŞ D., JULIA V., GRUSEC J. E.
18. Ulusal Psikoloji Kongresi, Turkey, 9 - 12 April 2014
- XV. **The Role of Several Factors in the Prediction of Emotion Regulation Difficulties among Adolescents**
SARITAŞ D., GENÇÖZ T.
12 th European Congress of Psychology, 4 - 08 July 2011
- XVI. **Psychometric Properties of the Difficulties in Emotion Regulation Scale DERS in a Turkish Adolescent Sample**
SARITAŞ D., GENÇÖZ T.
12 th European Congress of Psychology, 4 - 08 July 2011
- XVII. **How Mothers Perceive Emotion Regulation Difficulties in Their Adolescent Children**
SARITAŞ D., GENÇÖZ T.
7 th International Congress of Cognitive Psychotherapy, 2 - 05 June 2011
- XVIII. **Young Şema Ölçeğinin Lise ve Üniversite Örneklemlerinde Üst basamak Faktör Yapısının İncelenmesi**
SARITAŞ D., GENÇÖZ T.
15. Ulusal Psikoloji Kongresi, Turkey, 2 - 05 September 2008
- XIX. **Mediator Roles of Early Maladaptive Schemas on the Relationship between Parental Acceptance Rejection and Psychological Adjustment of Adolescents**
SARITAŞ D., GENÇÖZ T.
5th World Congress of Behavioral and Cognitive Therapies, 11 - 14 July 2007
- XX. **Higher Order Factors of Young Schema Questionnaire among Turkish Adolescents**
SARITAŞ D., GENÇÖZ T.
10th European Congress of Psychology, 3 - 06 July 2007

Supported Projects

Saritaş Atalar D., TUBITAK Project, Alan Özelinde Sosyalleştirme Yaklaşımı Çerçevesinde Etkili Ebeveynlik: Annenin Duygusal Erişilebilirliği ile Gelişimsel Çocuk Çıktıları Arasındaki İlişki, 2020 - 2023
TUBITAK Project, Ebeveyn Stilleri, Algılanan Duygudurum Düzenlemesi ve Ergenlerin Psikolojik Sağlığı, 2010 - 2011

Metrics

Publication: 48
Citation (WoS): 188
Citation (Scopus): 156
H-Index (WoS): 6
H-Index (Scopus): 6