

## Res. Asst. CANSU ALSANCAK AKBULUT

### Personal Information

**Email:** cakbulut@ankara.edu.tr

**Web:** <https://avesis.ankara.edu.tr/calsanca>

### Education Information

Doctorate, Ankara University, Sosyal Bilimler Enstitüsü, Klinik Psikoloji (Dr), Turkey 2016 - Continues

Postgraduate, Hacettepe University, Sosyal Bilimler Enstitüsü, Klinik Psikoloji (YI) (Tezli), Turkey 2014 - 2017

Undergraduate, Middle East Technical University, Fen-Edebiyat Fakültesi, Psikoloji Bölümü, Turkey 2008 - 2013

### Dissertations

Postgraduate, ÇOCUKLUK ÇAĞI TRAVMALARI VE BAĞLANMA ÖZELLİKLERİ İLE OBSESİF İNANIŞLAR VE OBSESİF-KOMPULSİF BELİRTİLERİN İLİŞKİSİNDE DÜNYAYA İLİŞKİN VARSAYIMLARIN ARACILIK ROLÜ: ÜNİVERSİTE ÖĞRENCİLERİNDE BİR DEĞERLENDİRME, Hacettepe University, Sosyal Bilimler Enstitüsü, Klinik Psikoloji (YI) (Tezli), 2016

### Academic Titles / Tasks

Research Assistant, Ankara University, Dil Ve Tarih Coğrafya Fakültesi, Psikoloji Bölümü, 2016 - Continues

Research Assistant, Hacettepe University, Sosyal Bilimler Fakültesi, 2015 - 2016

Research Assistant, Ankara University, Dil Ve Tarih Coğrafya Fakültesi, Psikoloji Bölümü, 2013 - 2015

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Psychological inflexibility in university students: the Italian version of the Acceptance and Action Questionnaire for University Students (AAQ-US)**  
Berrocal C., Alsanca-Akbulut C., Compare L., Fanciullacci L., Cucini P., Smorti M.  
Current Psychology, 2025 (SSCI)
- II. **PSYCHOMETRIC PROPERTIES OF THE ITALIAN VERSION OF THE INTERPERSONAL SENSITIVITY MEASURE (IPSM)**  
Lisa C., Alsanca-Akbulut C., Tumminaro G., Smorti M., Bernini O., Ravagli F., Montiel C. B.  
Journal of Evidence-Based Psychotherapies, vol.24, no.2, pp.53-68, 2024 (SSCI)
- III. **The qualitative investigation of Turkish mothers' controlling behaviours**  
ALSANCAK AKBULUT C., SARITAŞ ATALAR D., Metin-Orta I.  
INTERNATIONAL JOURNAL OF PSYCHOLOGY, pp.235, 2024 (SSCI)
- IV. **Helicopter parenting, autonomy support, and young adults' psychological adjustment in Turkey: the mediating role of psychological control**  
ALSANCAK AKBULUT C., KÖMÜRCÜ AKİK B.  
CURRENT PSYCHOLOGY, vol.43, no.29, pp.24355-24364, 2024 (SSCI)
- V. **Intergenerational transmission of psychopathology: the mediating role of maternal self-expressiveness and child emotion regulation**

Erel S., ALSANCAK AKBULUT C., KAZAK S.

Current Psychology, vol.43, no.7, pp.6158-6166, 2024 (SSCI)

- VI. **Mindfulness and romantic relationship quality: mediating effects on different facets of anger**  
Smorti M., Alsancak-Akbulut C., Soffio F., Berrocal Montiel C.  
European Journal of Developmental Psychology, vol.21, no.6, pp.865-885, 2024 (SSCI)
- VII. **Conversations of mothers and their children with learning disabilities: The role of maternal affect**  
ALSANCAK AKBULUT C., Demirtas K. C., Erden G.  
INTERNATIONAL JOURNAL OF PSYCHOLOGY, pp.359-360, 2023 (SSCI)
- VIII. **Romantic attachment and child problem behaviors: The role of child emotion regulation**  
ALSANCAK AKBULUT C., Altın B., DURAK BATIGÜN A.  
INTERNATIONAL JOURNAL OF PSYCHOLOGY, pp.1054, 2023 (SSCI)
- IX. **Children with learning disorders discourse with their mothers: The role of maternal affectivity and psychopathology symptoms**  
ALSANCAK AKBULUT C., Çelik C., Erden G.  
Current Psychology, vol.42, no.28, pp.24067-24077, 2023 (SSCI)
- X. **Assessing the psychometric properties of mother and father forms of the helicopter parenting behaviors questionnaire in a Turkish sample**  
KÖMÜRCÜ AKİK B., ALSANCAK AKBULUT C.  
CURRENT PSYCHOLOGY, vol.42, no.4, pp.2980-2992, 2023 (SSCI)
- XI. **Trauma and Obsessive-Compulsive Symptoms: The Role of Worldview Assumptions and Obsessive Beliefs**  
ALSANCAK AKBULUT C., Bariskin E.  
TURK PSIKOLOJİ DERGİSİ, vol.35, no.86, pp.1-18, 2020 (SSCI)
- XII. **The Effects of Video-feedback Intervention to Promote Positive Parenting and Sensitive Discipline for Maternal Sensitivity in Turkey**  
Sumer N., Metin-Orta I., ALSANCAK AKBULUT C., Salman-Engin S., Ilden-Kockar A., Sahin-Acar B., Akkol-Solakoglu S., Aran O., Cakir D. S., Kavakli B., et al.  
TURK PSIKOLOJİ DERGİSİ, vol.35, no.85, pp.117-118, 2020 (SSCI)

## Articles Published in Other Journals

- I. **Examination of emotion regulation in the family context: A mixed method study from Turkey**  
Alsancak-Akbulut C., Elibol-Pekaslan N., GÜLAÇTI H. G. B., ACAR B. Ş.  
Klinik Psikoloji Dergisi, vol.7, no.1, pp.90-105, 2023 (Peer-Reviewed Journal)
- II. **Evaluating emotion regulation processes of depression**  
ALSANCAK AKBULUT C.  
KLİNİK PSIKİYATRİ DERGİSİ-TURKISH JOURNAL OF CLINICAL PSYCHIATRY, vol.21, no.2, pp.184-192, 2018 (ESCI)
- III. **Evaluating Group Psychotherapy Applications in the Context of Ethical Rules**  
ALSANCAK AKBULUT C.  
KLİNİK PSIKİYATRİ DERGİSİ-TURKISH JOURNAL OF CLINICAL PSYCHIATRY, vol.21, no.1, pp.79-88, 2018 (ESCI)

## Refereed Congress / Symposium Publications in Proceedings

- I. **The Relationship Between Mother's Attachment Style and Child's Problem Symptoms: The Role of Child's Emotion Regulation Skills.**  
Altın B., Alsancak C., Durak Batgün A.  
XVI. European Congress of Psychology, Moskva, Russia, 2 - 05 July 2019, pp.1290
- II. **Helikopter Ebeveynlik Davranışları Ölçeği - Anne Formu Geçerlik ve Güvenirlik Çalışması**  
ALSANCAK C., KÖMÜRCÜ AKİK B., MADAK B., KELEŞ B., YALÇINER H., POLAT M. D., ÇETİNER N., ÇETİN B. G., ÖZKAN

S., ALAN S., et al.

20. Ulusal Psikoloji Kongresi, Ankara, Turkey, 15 - 17 November 2018

**III. Helicopter Parenting Behaviors Scale - Father Form (HPB-FF): Examining Psychometric Properties In Turkish Sample**

KÖMÜRCÜ AKİK B., ALSANCAK C.

11th International Congress And 16th National Of Clinical Psychology, Granada, Nicaragua, 25 - 28 October 2018

## **Metrics**

Publication: 23

Citation (WoS): 7

Citation (Scopus): 11

H-Index (WoS): 2

H-Index (Scopus): 1