

## Prof. PELİN BİLİR

### Personal Information

**Email:** bilir@ankara.edu.tr

**Web:** <https://avesis.ankara.edu.tr/bilir>

### International Researcher IDs

ORCID: 0000-0002-7866-7054

Yoksis Researcher ID: 173578

### Courses

obesity and matabolic syndrme, Undergraduate, 2022 - 2023

obezite, Undergraduate, 2022 - 2023

Antropometrik değerlendirme, Undergraduate, 2022 - 2023

Boy kısalığında antropometrik değerlendirme, Undergraduate, 2022 - 2023

obesite ve metabolik sendrom, Undergraduate, 2022 - 2023

obesity and methabolic syndrome, Undergraduate, 2022 - 2023

### Advising Theses

BİLİR P., Obez çocuklarda D vitamini düzeyinin değerlendirilmesi, insülin direnci, uyku ve fiziksel aktivite ile ilişkisinin irdelenmesi, Expertise In Medicine, E.ZEYNEP(Student), 2020

BİLİR P., Ankara Üniversitesi Tıp Fakültesi çocuk sağlığı ve hastalıkları genel polikliniğine başvuran hastaların obezite prevalansı ve modifiye edilebilir risk faktörleri, Expertise In Medicine, M.MUSTAFA(Student), 2018

BİLİR P., Çocukluk çağı ekzojen obezitesinde metabolik sendrom parametrelerinin değerlendirilmesi, Expertise In Medicine, N.BENGÜ(Student), 2014

BİLİR P., Metabolik sendromun belirginleştiği vücut kitle indeksi sınırı nedir?, Expertise In Medicine, T.PEKACAR(Student), 2009

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. **The association between physical activity and 25-OH vitamin D levels**  
Altun E. Z., BİLİR P., Ergur A. T.  
HORMONE RESEARCH IN PAEDIATRICS, pp.511-512, 2023 (SCI-Expanded)
- II. **THE relationship between sunlight exposure and insulin resistance**  
Altun E. Z., BİLİR P., Ergur A. T.  
HORMONE RESEARCH IN PAEDIATRICS, pp.512, 2023 (SCI-Expanded)
- III. **The relationship between acanthosis nigricans and vitamin D in obese children and adolescents**  
Altun E. Z., Ergur A. T., BİLİR P.  
HORMONE RESEARCH IN PAEDIATRICS, vol.94, no.SUPPL 1, pp.264, 2021 (SCI-Expanded)
- IV. **The relationship between sleep time and obesity in childhood**  
Altun E. Z., BİLİR P., Ergur A. T.  
HORMONE RESEARCH IN PAEDIATRICS, vol.94, no.SUPPL 1, pp.263-264, 2021 (SCI-Expanded)
- V. **Novel Mutations in Obesity-related Genes in Turkish Children with Non-syndromic Early Onset**

### **Severe Obesity: A Multicentre Study**

AKINCI A., Turkkahraman D., TEKEDERELİ İ., Ozer L., EVREN B., ŞAHİN İ., Kalkan T., CUREK Y., ÇAMTOSUN E., DÖĞER E., et al.

JOURNAL OF CLINICAL RESEARCH IN PEDIATRIC ENDOCRINOLOGY, vol.11, no.4, pp.341-349, 2019 (SCI-Expanded)

- VI. **Relation of Screen-time (Phone-Computer-TV-Online Games) and Physical Activity with Childhood Obesity**  
Yilmaz M. M., Ilarslan N. E. C., GÜNAY F., Yilmaz O., Ates F. S. O., KÖSE S. K., Atalay S., BİLİR P.  
HORMONE RESEARCH IN PAEDIATRICS, vol.90, pp.347, 2018 (SCI-Expanded)
- VII. **Does Late Sleeping Time Results Increased Bedtime Snack? What Is the Risk of This in Childhood Obesity?**  
Yilmaz M. M., GÜNAY F., Ilarslan N. E. C., Yilmaz O., Ates F. S. O., KÖSE S. K., Atalay S., BİLİR P.  
HORMONE RESEARCH IN PAEDIATRICS, vol.90, pp.320, 2018 (SCI-Expanded)
- VIII. **Intrathyroidal Ectopic Thymus in Children Retrospective Analysis of Grayscale and Doppler Sonographic Features**  
Yildiz A. E., CEYHAN K., ŞIKLAR Z., BİLİR P., YAĞMURLU E. A., BERBEROĞLU M., FİTOZ Ö. S.  
JOURNAL OF ULTRASOUND IN MEDICINE, vol.34, no.9, pp.1651-1656, 2015 (SCI-Expanded)
- IX. **Oxidative stress in obese children and its relation with insulin resistance**  
ÖZGEN İ. T., Tascilar M. E., BİLİR P., Boyraz M., Guncikan M. N., Akay C., Dundaroz R.  
Journal of Pediatric Endocrinology and Metabolism, vol.25, no.3-4, pp.261-266, 2012 (SCI-Expanded)
- X. **Tuberculous meningitis associated with diabetic ketoacidosis**  
Elmas Ö. N., AKINCI A., BİLİR P.  
JCRPE Journal of Clinical Research in Pediatric Endocrinology, vol.3, no.4, pp.222-224, 2011 (SCI-Expanded)
- XI. **Efficiency of Fluid Treatments with Different Sodium Concentration in Children with Type 1 Diabetic Ketoacidosis**  
Savas-Erdeve S., BERBEROĞLU M., Oygar P., ŞIKLAR Z., KENDİRLİ T., Hacıhamdioglu B., BİLİR P., Ocal G.  
JOURNAL OF CLINICAL RESEARCH IN PEDIATRIC ENDOCRINOLOGY, vol.3, no.3, pp.149-153, 2011 (SCI-Expanded)
- XII. **Case Report: Two Patients with Partial DiGeorge Syndrome Presenting with Attention Disorder and Learning Difficulties**  
Hacıhamdioglu B., BERBEROĞLU M., ŞIKLAR Z., DOĞU E. F., BİLİR P., Erdeve S. S., İKİNCİOĞULLARI K. A., Ocal G.  
JOURNAL OF CLINICAL RESEARCH IN PEDIATRIC ENDOCRINOLOGY, vol.3, no.2, pp.95-97, 2011 (SCI-Expanded)
- XIII. **Evaluation of Thyroid Functions with Respect to Iodine Status and TRH Test in Chronic Autoimmune Thyroiditis**  
Ergür A. T., EVLİYAĞLU S. O., ŞIKLAR Z., BİLİR P., Ocal G., BERBEROĞLU M.  
JOURNAL OF CLINICAL RESEARCH IN PEDIATRIC ENDOCRINOLOGY, vol.3, no.1, pp.18-21, 2011 (SCI-Expanded)
- XIV. **The effect of gonadotropin-releasing hormone analog treatment (leuprolide) on body fat distribution in idiopathic central precocious puberty**  
Tascilar M. E., BİLİR P., AKINCI A., Kose K., Akcora D., Inceoglu D., FİTOZ Ö. S.  
TURKISH JOURNAL OF PEDIATRICS, no.1, pp.27-33, 2011 (SCI-Expanded)
- XV. **Vitamin D deficiency in Turkish mothers and their neonates and in women of reproductive age**  
Ergür A. T., BERBEROĞLU M., Atasay B., ŞIKLAR Z., BİLİR P., ARSAN S., Söylemez F., Ocal G.  
JCRPE Journal of Clinical Research in Pediatric Endocrinology, vol.1, no.6, pp.266-269, 2009 (SCI-Expanded)
- XVI. **Evaluation of Final Height and Parentally Adjusted Height Deficit in Isolated Growth Hormone Deficient Children With or Without Short Parents**  
ŞIKLAR Z., BERBEROĞLU M., Ocal G., BİLİR P., Erdeve S. S.  
ENDOCRINOLOGIST, vol.19, no.6, pp.285-287, 2009 (SCI-Expanded)
- XVII. **Treatment of autonomous ovarian follicular cyst with long-term anastrozole therapy**  
Engiz O., BERBEROĞLU M., ŞIKLAR Z., BİLİR P., Ocal G.  
INDIAN JOURNAL OF PEDIATRICS, vol.76, no.9, pp.950-951, 2009 (SCI-Expanded)
- XVIII. **Combined evaluation of IGF-1 and IGFBP-3 as an index of efficacy and safety in growth hormone treated patients**

ŞIKLAR Z., Öcal G., BERBEROĞLU M., BİLİR P.

JCRPE Journal of Clinical Research in Pediatric Endocrinology, vol.1, no.5, pp.240-243, 2009 (SCI-Expanded)

**XIX. Early prophylactic thyroidectomy for RETmutation-positive MEN 2B**

Engiz O., Ocal G., ŞIKLAR Z., Erdogan M., KOLOĞLU M., Percinel S., BİLİR P., BERBEROĞLU M.

PEDIATRICS INTERNATIONAL, vol.51, no.4, pp.590-593, 2009 (SCI-Expanded)

**XX. What is the Bogy mass index threshold value for children that metabolic syndrome develops?**

Pekacar T., BİLİR P., ŞIKLAR Z., Hacıhamdioglu B., Erdeve S. S.

HORMONE RESEARCH, vol.72, pp.141, 2009 (SCI-Expanded)

**XXI. Risk factors for hepatic steatosis in Turkish children (Predictors of non-alcoholic fatty liver disease in obese Turkish children)**

Engiz O., BERBEROĞLU M., ŞIKLAR Z., BİLİR P., Ocal G.

HORMONE RESEARCH, vol.70, pp.255, 2008 (SCI-Expanded)

## Articles Published in Other Journals

**I. The Effects of Lockdown During the COVID-19 Pandemic on the Lifestyle and Body Mass Index in Children with Obesity**

CEYLAN KIRAÇ C., bilir p.

Dicle Tıp Dergisi, vol.51, no.1, pp.106-116, 2024 (Peer-Reviewed Journal)

**II. Permanent central diabetes insipidus with complete regression of pituitary stalk enlargement after 4 years of follow-up.**

Ocal G., ŞIKLAR Z., BERBEROĞLU M., Bilir P., Engiz O., FİTOZ Ö. S., Arici S.

Journal of clinical research in pediatric endocrinology, vol.1, no.1, pp.38-42, 2008 (Scopus)

**III. Ankara da bir ilköğretim okulu ve lisede obezite sıklığı**

ŞİMŞEK ORHON F., ULUKOL B., BERBEROĞLU M., BAŞKAN S., BİLİR P., ÖÇAL G.

Ankara Üniversitesi Tıp Fakültesi Mecmuası, vol.58, no.4, pp.163-166, 2005 (Peer-Reviewed Journal)

## Refereed Congress / Symposium Publications in Proceedings

**I. Obesity Prevalence and Gender Distribution In Childhood In The Middle of Turkey**

yılmaz m. m., ÇULLAS İLARSLAN N. E., GÜNAY F., ÖZALP ATEŞ F. S., KÖSE S. K., ATALAY S., BİLİR P.

10 th Asia Pacific Paediatric Endocrine Society Scientific Meeting, Chiang Mai, Thailand, 7 - 10 November 2018

**II. Munchausen Syndrome: a patient with Type 1 diabetes and celiac disease**

BİLİR P., TAŞÇILAR M. E., AKINCI A., GÜVENİR H., ÖNCÜ ÇETİNKAYA B., ÖNCÜ ÇETİNKAYA B., KULOĞLU Z., KANSU TANCA A.

49th Annual meeting of the ESPE, Prag, Czech Republic, 22 September - 25 October 2010

## Metrics

Publication: 27

Citation (WoS): 93

Citation (Scopus): 202

H-Index (WoS): 6

H-Index (Scopus): 7